

"I love your Christ, but not your Christianity"

from Luke 6

"But to you who are listening I say: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you. If someone slaps you on one cheek, turn to them the other also. If someone takes your coat, do not withhold your shirt from them. Give to everyone who asks you, and if anyone takes what belongs to you, do not demand it back. Do to others as you would have them do to you.

from Matthew 5

"You have heard that it was said, 'Eye for eye, and tooth for tooth.' But I tell you, do not resist an evil person. If anyone slaps you on the right cheek, turn to them the other cheek also. And if anyone wants to sue you and take your shirt, hand over your coat as well. If anyone forces you to go one mile, go with them two miles. Give to the one who asks you, and do not turn away from the one who wants to borrow from you. "You have heard that it was said, 'Love your neighbor and hate your enemy.' But I tell you, love your enemies and pray for those who persecute you



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Paul will later write to the church in Rome (Romans chapter 12)

'If your enemy is hungry, feed him; if he is thirsty, give him something to drink.

In doing this, you will heap burning coals on his head.'

Do not be overcome by evil but overcome evil with good.









Reading Time: 4 min



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What Christians can learn from the new **Queen Camilla**

It's hard to think of anyone else in public life who, over the years, has endured as much criticism and disdain as the new Queen Camilla. And yet she has never struck back.

Following the death of Diana in the 1990s, she was famously dubbed "the most hated woman in Britain" by the press. Much more recently she was accused by Prince Harry of leaking private stories to reporters.

Chris's blog www.7minutes.net

A 3rd way prayer

From seeking vengeance

Lord, deliver us

From our angry words and our desire to wound

Lord, deliver us

From thinking we are always right

Lord, deliver us

From bitter thoughts and escalation of arguments

Lord, deliver us

From fighting fire with fire

Lord, deliver us

From carrying on our arguments to the bitter end

Lord, deliver us



