



Peter Weinrich
- Psychologist

"A person's identity is defined as the totality of one's self-construal, in which how one construes oneself in the present expresses the continuity between how one construes oneself as one was in the past and how one construes oneself as one aspires to be in the future"

Ephesians 1: 3-14
Chosen



Identity



What we tell ourselves every day matters. If we believe something about our identity that isn't true, then we will struggle to believe what God says about us when He reveals it to us.

Truths are unchanging. They don't depend on what you do, what you've done, or who you want to be. Truths are not self-help mantras or cliché sayings. They are based entirely on God's Word and what He says about you. While there will always be areas of life where you'll need to grow, how God views you and what He says about you doesn't change because God affirms who you are, not just what you do.

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Ephesians 1: 3-14
Sealed



The Holy Spirit...

- **Gives us boldness**

After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly. **Acts 4:31**

- **Causes us to pray God's will**

But you, dear friends, by building yourselves up in your most holy faith and praying in the Holy Spirit, keep yourselves in God's love as you wait for the mercy of our Lord Jesus Christ to bring you to eternal life. **Jude 1:20-21**

- **Moves us to obedience**

And I will put my Spirit in you and move you to follow my decrees and be careful to keep my laws. **Ezekiel 36:26**

- **Is to be listened to**

But I say, walk by the Spirit, and you will not gratify the desires of the flesh. **Galatians 5:16 (ESV)**