



[ r e s t ]

 GREGGS

DRIVE-THRU



 GREGGS

#GREGGS

- Through the OT


[ r e s t ]

- Through the OT
- Into the NT

[ r e s t ]


- Through the OT
- Into the NT
- Practical rest

[ r e s t ]



*“I am busy because I am vain. I want to appear important, significant. What better way than to be busy? The incredible hours, the crowded schedule, and the heavy demands on my time are proof to myself and to all who will notice that – I AM IMPORTANT”*

Eugene Peterson

- 
- Through the OT
  - Into the NT
  - Practical rest



[ r e s t ]


- Through the OT
- Into the NT
- Practical rest
- Resting in God

[ r e s t ]



Come to me, all you who are  
weary and burdened, and I  
will give you rest.

MATTHEW 11:28 NIV

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- What practical steps is God calling me to take?
  - Do I have a Godly rhythm of work and rest?
  - Is my hope and identity found in Christ?