

- Air
- Light
- Water
- Warmth
- ?



- Air
- Light
- Water
- Warmth
- **Food**











What are we feeding ourselves with?





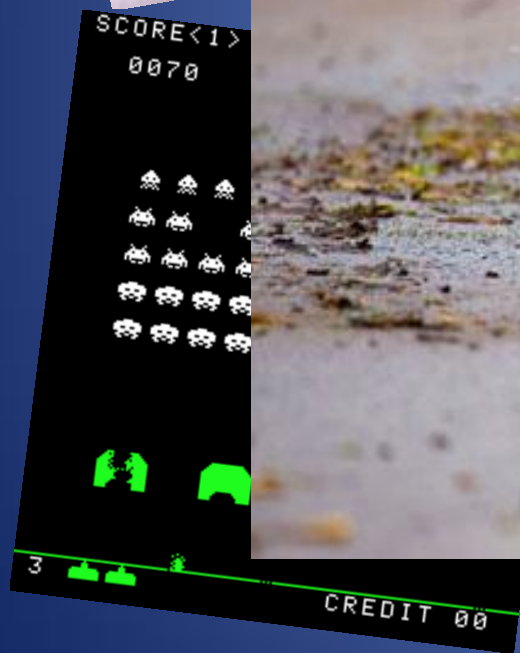


SCORE<1> HI-SCORE SCORE<2>  
0070 0880



3 CREDIT 00







duolingo



For physical training is of some value, but  
godliness has value for all things, holding  
promise for both the present life and the life  
to come. 1 Tim 4:8









# HABITS HABITS?





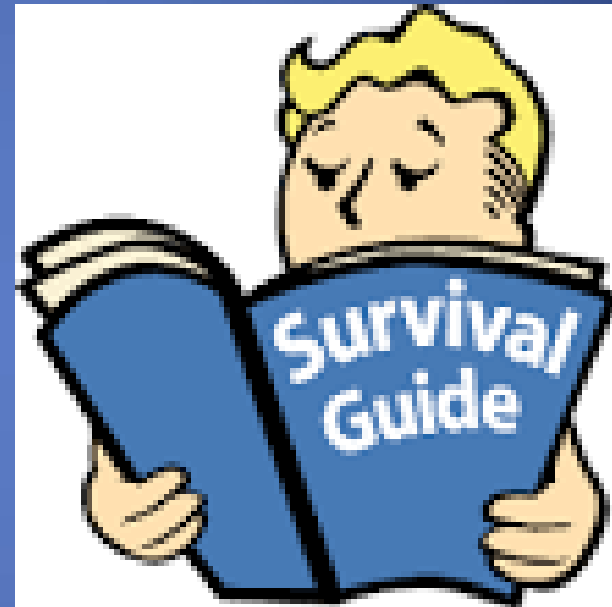
‘Set your minds on things  
above, not on earthly  
things...Put to death  
therefore, whatever  
belongs to your earthly  
nature.’

Colossians 3:2...5





- Air
- Water
- Warmth
- Light
- Food



‘I have come that they might have  
life and have life in all its fullness.’

JOHN 10:10

## ‘Enjoying God’

‘We may liken training and enjoying God to growing in the enjoyment of Mozart’s music. It can be enjoyed at face value, but the degree of enjoyment increases when one’s ear is trained to pick out the harmonies and dissonances.

It’s possible to be a Christian without much training. Some would say it requires only acceptance of Jesus as Lord...but to progress in Christian excellence beyond the basics requires training and cultivation of the skill of attending to God and re-examining & re-forming oneself in the light of that attending’.

Ellen T Charry,  
Professor of Theology at Princeton Theological Seminary